

#### ABSTRACT OF THE DISCLOSURE

Conventionally, in a write-once-read-many recording medium, management of recorded/unrecorded areas is required, however, it takes much time to check recorded areas on the whole disk area, and further, the delay of processing is not considered. To solve these problems, information of recorded/unrecorded area management is recorded as a table on a disk, and the table information is regulated thereby management information can be efficiently stored. Further, it can be determined whether or not the latest management information is recorded on the disk by using a flag indicating whether or not the table data has been recorded on the disk.